

Organization: Nash County Health Department

County: Nash

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Project: Professional Conference/Training and Educational Resources

*****Below are excerpts from their final report*****

About the Project: This grant was focused on postpartum moms and teenagers to reduce teen pregnancy, and improve the show rate of postpartum visits. Funds were used to purchase 250 makeup bags for women who come to their first postpartum appointment. The bags had the logo that read, "Taking Time for Me." Inside the bags were a folic acid reminder card, nail file, chapstick, and a Dove bar of soap that was donated by Dove. The teen pregnancy rate for Nash County increased from 2006 to 2007. Therefore, funds were also used to purchase two brochures: "Real World Abstinence," and "Sexual Responsibility -Talking with Your Teen." Also the grant allowed Nash County to send one health educator to the upcoming 2009 Adolescent Pregnancy Prevention Campaign of N.C. (annual conference that was held on May 20th, 2009). Nash County also created a Healthy Youth Coalition in 2008, and will utilize knowledge gained from the annual conference to present strategies to the Coalition regarding Nash County's teen pregnancy rates.

Successes: This grant was extremely beneficial! Due to the budget restrictions our state is facing, this grant allowed us to continue to purchase materials, attend an annual conference, and provide an incentive and an opportunity to postpartum moms to think about improving their health.